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| STAR |
| OF THE |
| SEA |
| ATHLETIC CLUB |
| (EAST MEATH) |
| JULIANSTOWN  CO. MEATH |

Joint Secretaries:

Mary Boland  
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&

Louise Maloney

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Dear Athletic Club,

We are holding our 31st Annual Cross Country meeting on Sunday 22nd September 2019 at **Greenanstown, Stamullen,** Co. Meath.

**Note:** *Venue will be signposted from Cooperhill Cross on the Duleek to Julianstown road and from Stamullen village.*

I enclose a summary of the programme for the day’s events. An added attraction will be the Star of the Sea Shield for the best juvenile club – the current holders are Ratoath AC.

All team races – Juv., Sen., Masters are 3 per team.

Juvenile races: prizes for the 1st 6 finishers and the 1st 3

teams.

Junior, Senior & Master Races: Cash prizes for the 1st 6 finishers overall, 1st 3 Juniors and 1st 3 in Masters O/40, O/50 & O/55. Also cash prizes for 1st two Jun/Sen team of 3 and 1st two Master teams of 3.

Admission: €5.00 Adults, €3.00 juv.

Race fee: €10.00 for all Junior, Senior & Master– to be paid at registration on the day (no registration after 12.30pm). All competitors in the junior, senior and master races pay the admission charge of €5 and then €10 when registering for the race.

Juvenile Races commence at 11.00am.

Junior, Senior and Masters races commence at 1.00pm.

Race Director: Brendan Meade

Email: [bmeade@iol.ie](mailto:bmeade@iol.ie) or Mob: 087 2533113

We look forward to seeing you there,

Yours in Sport,

Mary Boland & Louise Maloney

Joint Secretaries