

# Star of the Sea AC

Star of the Sea AC held their 29th Annual Cross Country Meeting on September 24<sup>th</sup> 2017 as usual on the lands of Brendan and Mary Meade at Greenanstown, Stamullen. The course was in perfect condition despite the recent spell of broken weather. - the hills of East Meath are nothing if not dry – and as usual provided a great test of cross country running. The club would like to thank all the helpers and club members who beforehand set up the course and on the day work so hard to make the event the success that it is. Thanks is due to all at the tea tent who quenched our thirst on a beautiful day by making five hundred mugs of tea along with countless sandwiches, buns, scones. Thanks is also due to the scorekeepers, recorders and officials who help make the programme run so smoothly. Lastly the club would like to thank all the travelling athletes and their families who travel from as far apart as Monaghan to Carlow and who make the event the spectacle it is. A total of 427 athletes raced over the hills of East Meath which was just slightly down on last year's number. The decrease in numbers in the junior, senior and master's races were nearly offset by the increase in juvenile numbers.

The day got under way with the U9 girls race in cloudy but dry conditions and while the forecast was for possible showers the weather held up and got better as the day progressed. Local club Boyne AC started off this year with Chloe Cooney winning the girls u9 race and then Sholah Laurence last year's U9 race winner continued Boyne AC good showing by winning the U10s race in fine style. They then followed this up by making it a treble in the girl's races with Emer Cooney crossing the line to take the honours in the u11 girl's 1000m.

All Ireland champion Sophie Quinn from Ratoath AC made light work of the hills to come with a large distance to spare in the U13 girl's 1500m. With Neil Culhane picking up the win in the U13 boys 1800m race for Boyne AC they were scoring quite well in the competition for the Star of the Sea Shield which is presented to the best overall juvenile club on the day.

The U17 Boys race over 4500m for which the Sean Higgins Perpetual Cup is given to the winner of the race saw the Tara AC duo of Seanie Dalton and Jake Cullen move away from the rest of the field on this three lap race with Seanie getting the better of his club-mate over the last lap to take the win. The Star of the Sea Shield for the best juvenile club was won by Boyne AC for the first time with a score of 48pts with Dunboyne AC in 2<sup>nd</sup> place on 40pts

In the ladies race over 3k early pace was set by a group of four athletes including Dunleer's Karen Costello, Catriona Kennedy (Mullingar Harriers), Nicola Bull (Star of the Sea AC) - last year's winner- and Jane Bandila (Dunboyne AC). As the athletes headed out on their last lap Costello was setting the pace with the rest of the field trying to stay with her. As the Dunleer athlete started out on her final climb with 700m to go she increased her pace and extended her lead a little more over Kennedy. Jane Bandila was now in 3<sup>rd</sup> place being chased by Star of the Sea's own Nicola Bull. As they crested the final hill Karen had 5seconds to spare over the Westmeath girl who in turn 5 second lead over the Dunboyne girl. Coming down the last 300m there was no doubt about the first two places but the 3<sup>rd</sup> and 4<sup>th</sup> places were up for grabs with Bull beginning to come back at Bandila. As they turned the bend into the finishing straight Nicola finally got the better of Jane in a sprint for the line to take 3<sup>rd</sup> place by the slimmest of margins.

The men's race over 6k had Peter Arthur (Liffey Valley AC) racing for a hat-trick of wins having first won the race in 2015 and retaining his title in 2016. However this year he would have his work cut out with D.S.D. AC's Hiko Tonosa in the race. Over the first two laps all the

main protagonists including Simon Ryan (Raheny Shamrock) who was 3<sup>rd</sup> last year were controlling the race. Then with two laps to go Hico Tonosa just opened up a gap on the rest of the field and just started to pull away. Peter Arthur now started to put some distance between himself Simon Ryan, Esilander Turki (Monaghan Town Runners), Shane Toner (Glenmore AC) and Bogdan Florean (Liffey Valley). Going out on the last lap there was no doubting that Hiko would win the race and that Peter was looking good for second place but the other minor places were still to fight for. In the end Hiko had 40seconds to spare over Peter with Simon Ryan a further 30secs back and Esilander just 6 seconds behind the Raheny man.

**Results:**

U9 Girls 500m	1 <sup>st</sup>	Chloe Cooney	Boyne AC
	2 <sup>nd</sup>	Aisling Shevlin	Ratoath AC
	3 <sup>rd</sup>	Maeve Smith	Carrick Aces
	4 <sup>th</sup>	Isabelle Dolan	Dunboyne AC
	5 <sup>th</sup>	Holly Ryan	Dunboyne AC
	6 <sup>th</sup>	Nessa Rohan	Duleek & District AC
Teams	1 <sup>st</sup>	Dunboyne AC	18pts
	2 <sup>nd</sup>	Boyne AC	24pts
	3 <sup>rd</sup>	Ratoath AC	41pts
U9 Boys 500m	1 <sup>st</sup>	Conor Brennan	Dunleer AC
	2 <sup>nd</sup>	Oisin Giles	Tara AC
	3 <sup>rd</sup>	Tadhg Ford-Dunne	Boyne AC
	4 <sup>th</sup>	Declan McEntee	Dunleer AC
	5 <sup>th</sup>	Alex Keane	Dunshaughlin AC
	6 <sup>th</sup>	Cormac McEvoy	Boyne AC
Teams	1 <sup>st</sup>	Dunleer AC	16pts
	2 <sup>nd</sup>	Boyne AC	23pts
	3 <sup>rd</sup>	Dunboyne AC	28pts

U10 Girls 500m	1 <sup>st</sup>	Shola Laurence	Boyne AC
	2 <sup>nd</sup>	Doireann Conlon	St. Gerard's AC
	3 <sup>rd</sup>	Saebh Pitt	Dunboyne AC
	4 <sup>th</sup>	Amber Lane	Ratoath AC
	5 <sup>th</sup>	Kate Culhane	Boyne AC
	6 <sup>th</sup>	Katie Kilmurray	Mullingar Harriers AC

Teams	1 <sup>st</sup>	Ratoath AC	29pts
	2 <sup>nd</sup>	Dunboyne AC	34pts
	3 <sup>rd</sup>	Dunshaughlin Ac	52pts

U10 Boys 500m	1 <sup>st</sup>	Ruby Beggan	Tara AC
	2 <sup>nd</sup>	Daire Matthews	Dunleer AC
	3 <sup>rd</sup>	Matthew Molloy	Mullingar Harriers AC
	4 <sup>th</sup>	Lorcan Ford-Dunne	Boyne AC
	5 <sup>th</sup>	Sean Smyth	Tara AC
	6 <sup>th</sup>	Jeff Foley	Dunshaughlin AC

Teams	1 <sup>st</sup>	Tara AC	13pts
	2 <sup>nd</sup>	Mullingar Harriers AC	26pts
	3 <sup>rd</sup>	Boyne AC	29pts

U11 Girls 1000m	1 <sup>st</sup>	Emer Cooney	Boyne AC
	2 <sup>nd</sup>	Abaigh Moonan	St. Gerard's AC
	3 <sup>rd</sup>	Enya Silkena	St. Gerard's AC
	4 <sup>th</sup>	Mary Kate Prior	Ratoath AC
	5 <sup>th</sup>	Dearbhla Allen	St. Peter's AC
	6 <sup>th</sup>	Grace Summerville	Dunshaughlin AC

Teams	1 <sup>st</sup>	St. Gerard's AC	20pts
U11 Boys 1000m	1 <sup>st</sup>	Conor Liston	Mullingar Harriers AC
	2 <sup>nd</sup>	Shay O'Donnell	Boyne AC
	3 <sup>rd</sup>	James Flynn	Mullingar Harriers AC
	4 <sup>th</sup>	James Kelly	Ratoath AC
	5 <sup>th</sup>	Dylan Ryan	Dunboyne AC
	6 <sup>th</sup>	Harry O'Reilly	St. Peter's AC
Teams	1 <sup>st</sup>	Ratoath AC	19pts
	2 <sup>nd</sup>	Cilles AC	34pts
U12 Girls 1500m	1 <sup>st</sup>	Erin Leavy	Dunleer AC
	2 <sup>nd</sup>	Rebecca Baldwin	Blackrock AC
	3 <sup>rd</sup>	Lucy Sheridan	Dunleer AC
	4 <sup>th</sup>	Sarah Ford	Ratoath AC
	5 <sup>th</sup>	Caoimhe Kilmurray	Mullingar Harriers AC
	6 <sup>th</sup>	Cara O'Sullivan	Ratoath AC
Teams	1 <sup>st</sup>	Dunleer AC	11pts
	2 <sup>nd</sup>	Ratoath AC	18pts
	3 <sup>rd</sup>	Dunshaughlin AC	61pts
U12 Boys 1500m	1 <sup>st</sup>	Colm Costello	Mullingar Harriers AC
	2 <sup>nd</sup>	Ciaran McCormack	Dunboyne AC
	3 <sup>rd</sup>	Paddy Price	Boyne AC
	4 <sup>th</sup>	Odhran Smith	Carrick Aces AC
	5 <sup>th</sup>	Shane McGrath	Trim AC
	6 <sup>th</sup>	Joseph Richards	St. Coca's AC

Teams	1 <sup>st</sup>	Dunboyne AC	24pts
	2 <sup>nd</sup>	Tara AC	26pts
U13 Girls 1500m	1 <sup>st</sup>	Sophie Quinn	Ratoath AC
	2 <sup>nd</sup>	Hazel Hughes	Shercock AC
	3 <sup>rd</sup>	Sarah Caulfield	Trim AC
	4 <sup>th</sup>	Sophie Dolan	Dunboyne AC
	5 <sup>th</sup>	Eabha Cosgrove	Boyne AC
	6 <sup>th</sup>	Laura Kelly	Ratoath AC
Teams	1 <sup>st</sup>	Ratoath AC	19pts
	2 <sup>nd</sup>	Boyne AC	29pts
U13 Boys 1800m	1 <sup>st</sup>	Neil Culhane	Boyne AC
	2 <sup>nd</sup>	Padraic Spillane	St. Laurence O'Toole AC
	3 <sup>rd</sup>	Cian Gorhan	St. Peter's AC
	4 <sup>th</sup>	Sean Allen	St. Peter's AC
	5 <sup>th</sup>	Matthew McEntee	Dunleer AC
	6 <sup>th</sup>	Ryan Robinson	Dunshaughlin AC
Teams	1 <sup>st</sup>	Dunshaughlin AC	26pts
	2 <sup>nd</sup>	Tara AC (A)	35pts
	3 <sup>rd</sup>	Tara AC (B)	
U14 Girls 2000m	1 <sup>st</sup>	Kayla Ryan	Dunboyne AC
	2 <sup>nd</sup>	Hannah Breen	Crookstown Millview AC
	3 <sup>rd</sup>	Aoife McCormack	Dunboyne AC

	4 <sup>th</sup>	Leah Mooney	St. Gerard's AC
	5 <sup>th</sup>	Lily Cummins	Boyne AC
	6 <sup>th</sup>	Anna Faulkner	Boyne AC
Teams	1 <sup>st</sup>	Dunboyne AC	13pts
	2 <sup>nd</sup>	Boyne AC	18pts
	3 <sup>rd</sup>	Tara AC	31pts
U14 Boys 2200m	1 <sup>st</sup>	Jack O'Donnell	Trim AC
	2 <sup>nd</sup>	Brendan McGuinness	Tara AC
	3 <sup>rd</sup>	Patrick Farrell	Dunleer AC
	4 <sup>th</sup>	Charlie O'Connor	Dunshaughlin AC
	5 <sup>th</sup>	Kyle Whitter	Ratoath AC
	6 <sup>th</sup>	Sean McCarthy	Tara AC
Teams	1 <sup>st</sup>	Tara AC	15pts
U15 Girls 2200m	1 <sup>st</sup>	Sian Corrigan	North West Kildare AC
	2 <sup>nd</sup>	Leighann Massey	Trim AC
	3 <sup>rd</sup>	Katie Conlon	Glenmore AC
	4 <sup>th</sup>	Jennifer Nugent	Trim AC
	5 <sup>th</sup>	Ava Costello	Trim AC
Teams	1 <sup>st</sup>	Trim AC	11pts
U15 Boys 2500m	1 <sup>st</sup>	Victor Eeseosa	Dunleer AC
	2 <sup>nd</sup>	Conor Leane	Dunboyne AC
	3 <sup>rd</sup>	Eoin Richards	St. Coca's AC
	4 <sup>th</sup>	Patrick Brophy	Trim AC

	5 <sup>th</sup>	Adam Boylan	Trim AC
	6 <sup>th</sup>	Oisín Gallagher	Trim AC
Teams	1 <sup>st</sup>	Trim AC	15pts
U17 Girls 3000m	1 <sup>st</sup>	Lauren Murphy	Cilles AC
	2 <sup>nd</sup>	Doireann NiFhlatharta	Dunboyne AC
	3 <sup>rd</sup>	Abbie Sheridan	Ardee & District AC
	4 <sup>th</sup>	Niamh James	Rathkenny AC
	5 <sup>th</sup>	Zoe McEvoy	Trim AC
	6 <sup>th</sup>	Bonnie McFeat	Dunboyne AC
Teams	1 <sup>st</sup>	Dunboyne AC	15pts
U17 Boys 4500m	1 <sup>st</sup>	Seanie Dalton	Tara AC
(Winner receive the Sean	2 <sup>nd</sup>	Jake Cullen	Tara AC
Higgins Memorial Cup)	3 <sup>rd</sup>	Conor Matthews	Dunleer AC
	4 <sup>th</sup>	Danny O'Brien	Dunleer AC
	5 <sup>th</sup>	James Smith	Cilles AC
	6 <sup>th</sup>	Gavin Dunne	Cilles AC
Teams	1 <sup>st</sup>	Tara AC	9pts
	2 <sup>nd</sup>	Cilles AC	18pts
	3 <sup>rd</sup>	Dunleer AC	20pts

<b>Star of the Sea AC Shield</b>	1st	Boyne AC	48pts
(For Best Juvenile Club)	2nd	Dunboyne AC	40pts
	3 <sup>rd</sup>	Dunleer AC	38pts

**Ladies 3k Race:**

**1st 6 Overall**

1	Karen Costello	Dunleer AC
2	Catriona Kennedy	Mullingar Harriers
3	Nicola Bull	Star of the Sea AC
4	Jane Bandila	Dunboyne AC
5	Sarah Clarke	Na Fianna AC
6	Sile Carroll	Liffey Valley AC

**Junior**

1	Eva Cummins	Boyne AC
2	Emma Neary	Na Fianna AC

**1st 3 F40**

1	Julia Hackett	Donore Harriers AC
2	Maggie Higgins	Na Fianna AC
3	Jacqueline Matthews	Dunleer AC



**1st 3 F50**

1	Bridget Clarke	Na Fianna AC
2	Mary Watters	Navan AC
3	Margaret Neary	Na Fianna AC

**1st 3 F55**

1	Linda Gunning	Bohermeen AC
2	Marion Morris	Bohermeen AC

**Combined Senior & Junior Ladies Teams**

1	Liffey Valley AC	21pts
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**Combined Masters Teams**

1	Na Fianna AC	43pts
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**Men's 6k Race:****1st 6 Overall Men**

1	Hiko Tonosa	DSD AC
2	Peter Arthur	Liffey Valley AC
3	Simon Ryan	Raheny Shamrock AC
4	Esilander Turki	Monaghan Town Runners
5	Shane Toner	Glenmore AC
6	Bogdan Florean	Liffey Valley AC

**1st 3 Junior Men**

1	Jarlath Jordan	Tara AC
2	Fergus Crilly	Rathkenny AC
3	Conor McHugh	Mullingar Harriers AC

**1st 3 M40**

1	Daniel Delaney	Star of the Sea AC
2	Niall Power	Raheny Shamrock AC
3	Greg Dixon	Duleek & District AC

**1st 3 M50**

1	David O'Connell	Bohermeen AC
2	Eddie McGrath	Liffey Valley AC
3	Brian Collins	Star of the Sea AC

**1st 3 M55**

1	Tom O'Connor	Liffey Valley AC
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**Teams Combined Senior & Junior**

1	Liffey Valley AC	18pts
2	Glenmore AC	39pts

**Teams Combined Masters Team**

No Masters team